

1. The information on this form may be used by GGC representatives or medical personnel to administer or authorize appropriate health care or medical attention for the participant, if needed.
2. **PARENTS:** All medications should be placed in a resealable bag (e.g., Ziploc) with the participant's name on the outside of the bag. Medications must be in original packaging, clearly labelled with the participant's name and dosage instructions. Medications are to be self-administered by the participant except in cases where supervisors may need to assist younger girls or when an Epi- pen needs to be used. Medications are to be given to the first aider or designated Guider upon arrival at the activity. The first aider or Guider will supervise participants when they are taking their medication.

Date Box—Write in the date of each day of the activity/camp across the top. When medication is taken, supervisors put the actual time it was taken in the appropriate columns and their initials.

[illegible]

My daughter/ward is 12 years or older and has my permission to carry her own medications			
	Custodial Parent/guardian name	Signature	Date

About Medications

All medication must be provided by participants. All medications should be placed in a resealable bag (e.g., Ziploc) with the participant's name on the outside of the bag. Medications must be in original packaging, clearly labelled with the participant's name and dosage instructions. Medications are to be given to the first aider or designated Guider upon arrival at the activity. Medications are to be self-administered by the participant except in cases where supervisors may need to assist younger girls.

In the case of life-threatening conditions, supervisors are obligated to provide the girls they supervise the 'standard of care' of a careful or prudent parent adults and will need to administer an Epi-pen or assist with an inhaler if the girl is incapacitated. Anaphylaxis Canada has information on living with anaphylaxis at www.anaphylaxis.org. Safe4Kids at <http://www.safe4kids.ca/> is their site specifically for children with anaphylaxis.